



September 2006

**In this edition:  
Commission for Women  
Volunteer Opportunities with the  
Department of Family Services**

**An Announcement from the:  
FAIRFAX COUNTY COMMISSION FOR WOMEN**

**Sully District e-Newsletter**

Be sure to stop by our booth inside the Fairfax Government Center (1<sup>st</sup> Floor, north side) at the annual Fall for Fairfax Celebration on Saturday, September 30, 2006, 10 a.m. – 5 p.m.

*Children* will be able to design their very own button.

*Parents* can check out our educational information, sign up for raffles, and answer any questions that you may have.

We hope to see you!

**Volunteer Opportunities with the Department of Family Services**

**DFS:** The county's Department of Family Services supports the well-being of families and individuals in our community – especially children, older persons and those who are most vulnerable. Volunteers are key to the success of many DFS programs. Volunteers are especially needed right now for the following programs:

**To help older adults and adults with disabilities** with tasks such as transportation to doctor appointments, grocery shopping, household tasks & minor home repairs, seasonal yard work, social visits, and Meals on Wheels delivery. Flexible schedules and mileage reimbursement are available. Volunteers who know Sign Language and speak Spanish, Farsi, and Vietnamese are especially needed. For more information or to volunteer, please call the Fairfax Area Agency on Aging Volunteer Intake Line at 703-324-5406, TTY 703-449-1186, or e-mail [Melanie.Mitchell@fairfaxcounty.gov](mailto:Melanie.Mitchell@fairfaxcounty.gov).

(Continued on page 2)

**To foster or adopt a child** in Fairfax County. Did you know that about 450 children and youth are currently in the county's foster care and adoption program? DFS has a continuing need for foster parents as well as a need for loving permanent homes for those children in foster care who cannot return to their birth families. Call 703-324-7639 (TTY 703-222-9452) for more information or check out the Web site at [www.fairfaxcounty.gov/dfs](http://www.fairfaxcounty.gov/dfs).

**To mentor children**, ages 5 – 12, in the DFS BeFriend-A-Child program. Mentors enjoy one-on-one activities with their mentees as well as varied and fun monthly group activities. Volunteers must be at least 21 years old. Careful screening, training and coaching are provided. Mentors meet with their mentees for eight hours a month and are asked to make a year's commitment. To learn more, contact Chuck Berlin at 703-324-7874, [chuck.berlin@fairfaxcounty.gov](mailto:chuck.berlin@fairfaxcounty.gov) or Ann Rieger at 703-324-7072, [ann.rieger@fairfaxcounty.gov](mailto:ann.rieger@fairfaxcounty.gov) (TTY 703-222-9452) or visit [www.fairfaxcounty.gov/DFS/about/volops.htm#](http://www.fairfaxcounty.gov/DFS/about/volops.htm#)

**To mentor parents** in the DFS BeFriend-A-Parent program. By listening, learning and working together, mentors share their knowledge and empathy with parents who can benefit from having a mentor. Volunteers must be at least 21 years old. Training and staff support are provided. Mentors meet 4 to 6 hours a month with their mentees and are asked to make a six-month commitment. For more information, contact Laurie Eytel at 703-324-7871 (TTY 703-222-9452), [leytel@fairfaxcounty.gov](mailto:leytel@fairfaxcounty.gov)



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